

# Registration Form

Name: \_\_\_\_\_ DOB (dd/mm/yyyy): \_\_\_\_\_

Life Jacket Size: S/M(32-40) \_\_\_\_\_ M/L(36-44) \_\_\_\_\_ L/XL(40-48) \_\_\_\_\_ XL/2XL \_\_\_\_\_  
(\*inches)

*\*Please measure chest size correctly. Safety is our priority, if flotation device does not fit correctly it could put the participant wearing the flotation device in danger*

Community: \_\_\_\_\_ Band#: \_\_\_\_\_

Participant's Phone Number: \_\_\_\_\_ (\*If applicable)

Canoeing/Kayaking Experience: Beginner \_\_\_\_\_ Intermediate \_\_\_\_\_ Advanced \_\_\_\_\_

Medicare #: \_\_\_\_\_

Allergies/Health Concerns: \_\_\_\_\_  
\_\_\_\_\_

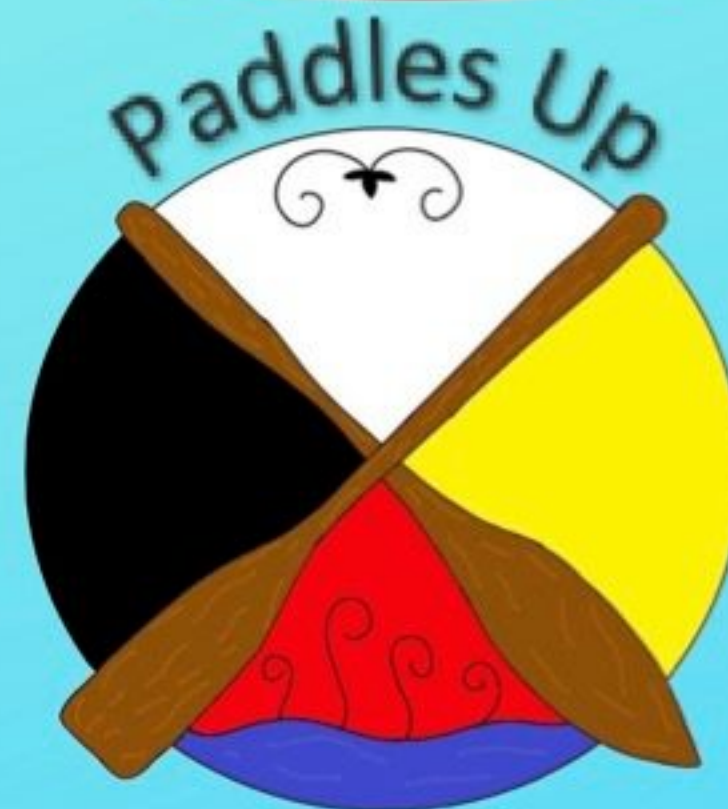
Emergency Contact: \_\_\_\_\_ Phone#: \_\_\_\_\_

I, (Parent/Guardian) \_\_\_\_\_, grant permission for (Participant Name) \_\_\_\_\_, to participate in the Modified Paddles Up Program at ASRNB. I also agree for any photos and or videos captured during the event to be used to promote this program and organization for future references. I understand that the ASRNB staff and others will be taking part in the program alongside all participants. I realize there are risks associated and trust that the participants will follow rules and guidelines that are implemented by ASRNB and facilitators.

I, (Participant's name) \_\_\_\_\_, am 13 years or older and will commit to be on my best behavior while attending this event, I understand that there will be absolutely no drugs or alcohol permitted at the events, I understand that if I do not follow the rules and guidelines of ASRNB there will be consequences such as immediate dismissal from the program as well as potential exclusion from any future ASRNB events. By signing, I commit to respect the instructors and what they say as well as respecting all COVID-19 protocols described by ASRNB.

Parent/Guardian Signature: \_\_\_\_\_

Participant Signature: \_\_\_\_\_



**JULY 21-22, 2020**

2156 Micmac Road,  
Red Bank NB  
E9E 1B9

For youth aged 13-18

ASRNB is excited to launch a modified Paddles Up program for the summer of 2020!

# WORKSHOPS:

The objective of this program is to provide youth an opportunity to learn new and exciting skills in a fun and safe environment.

- Program will take place from 10:00-16:00 daily
- To ensure safety and social distancing at all times, a *maximum* of 8 participants will be permitted.

***Special thank you to our partners for helping us make this possible!***



- **FIRST NATION OUTDOOR TOURS - Stephen Paul**

Participants will enjoy a river experience with First Nation Outdoors Tours. Participants will travel an ancient route that was once traveled by the Mi'kmaq, thousands of years ago. Canoeing/Kayaking down the Little Southwest Miramichi River, participants will experience nature and Mi'kmaq culture like never before.

- **METEPENAGIAG HERITAGE PARK - In the Footsteps of our Ancestors**

Experience the ancient Mi'kmaq culture that has existed at its life source for over 30 centuries. There is much to discover at the Village of 30 centuries including viewing the archeological finds of our enduring village, see historic Mi'kmaq ceramic pottery and, understand the significance of the Augustine Mound National Historic Site and the Oxbow National Historic Site.

- **NMC NUTRITION, Natasha Mclaughlin-Chiasson - Sports Nutrition Seminar & Cooking Workshop**

The Sports Nutrition Seminar will help you understand sports nutrition specifically for canoeing & kayaking. The Cooking Workshop will teach you to prepare proper fuel to consume before, during, and after being on the water.

- **GEORGE PAUL- Spiritual Awakenings**

Traditional Knowledge Keeper George Paul from Metepenagiag First Nation, will share indigenous traditions such as smudging, dancing, language, chanting, survival skills and a medicine walk around the Metepenagiag Heritage Park.